

COMMISSARY

TO ORDER, VISIT COMMISSARYDALLAS.COM

temple emanuel-el ecec menu

week one

MONDAY

DEVEILED EGGS
FRESH BERRIES
BROCCOLI & YOGURT RANCH DIP

TUESDAY

TURKEY SANDWICH
(WHEAT SEEDUCTION, CHEDDAR, SPINACH, TOMATO, MAYO)
FRUIT SALAD
HONEY BERRY YOGURT

WEDNESDAY

GRILLED CHICKEN
SWEET LOAF BREAD
ORANGE SEGMENTS

THURSDAY

ROAST BEEF SLIDER
(CHEDDAR, LETTUCE, TOMATO, MAYO)
PASTA SALAD
STRAWBERRIES

FRIDAY

GRILLED CHICKEN
HUMMUS & PITA
CUCUMBERS & YOGURT DIP

week two

MONDAY

TURKEY PINWHEELS
(ROASTED TOMATO AIOLI, PROVOLONE, LETTUCE, TOMATO)
TOMATO MOZZARELLA SALAD
FRESH CANTALOUPE

TUESDAY

EGG SALAD SANDWICH
PASTA SALAD
PINEAPPLES

WEDNESDAY

CHICKEN BREAST TENDERS
STICKY RICE
ORANGE SEGMENTS

THURSDAY

CHEESE & TURKEY ROLLUPS
EDAMAME
STRAWBERRIES

FRIDAY

CHICKEN SALAD SANDWICH
CHEESE CUBES
BERRY MEDLEY

snacktime!!!

BERRY BLEND YOGURT, GRANOLA, STRAWBERRIES & BLUEBERRIES (AM)
HONEY VANILLA YOGURT DIP WITH FRUIT MEDLEY (AM)
MINI SWEET BREAD & APPLE CHIPS
APPLE SAUCE & MINI MUFFIN
TRAIL MIX WITH DRIED FRUIT, ASSORTED CRACKERS & PRETZELS (NO NUTS)
BANANA CHIPS, PRETZELS & CHEESE CUBES
HUMMUS WITH PRETZELS & PITA

QUESTIONS? WANT TO NOTIFY US OF AN ALLERGY?
EMAIL US AT SCHOOLLUNCHES@COMMISSARY.COM — WE'RE HERE TO HELP!